

Lesson Plan (2019-20)

Name of the teacher: **Dr. Rajesh Verma**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Introduction of Psychology**

Class: **BA I year**

Semester: **I**

Section: **A & B**

Session: **2019-20**

Sr. No.	Week	Topic
01	22-27 Jul	General Introduction of Psychology (As per syllabus)
		Revision of topics covered
02	29 Jul 3 Aug	Experimental Method
		Revision of topics covered
03	05-10 Aug	Observation Method
		Revision of topics covered
04	12-17 Aug	Survey Method
		Revision of topics covered
05	19-24 Aug	Sensory Process - Visual and Auditory
		Revision of topics covered
06	26-31 Aug	Structure and Function of Eye
		Revision of topics covered
07	02-07 Sep	Structure and Function of Ear
		Revision of topics covered
08	09-14 Sep	Perception and its type (Figure and Ground, Perceptual Organization)
		Revision of topics covered
09	16-21 Sep	Depth Perception
		Revision of topics covered
10	23-28 Sep	Emotions (Nature, bodily Changes)
		Revision of topics covered
11	30 Sep- 5 Oct	Theories of Emotions (James Lange Theory)
		Revision of topics covered
12	07-12 Oct	Theories of Emotions (Cannon Bard Theory)
		Revision of topics covered
13	14-19 Oct	Theories of Emotions (Schachter Singer Theory)
		Revision of topics covered
14	21-26 Oct	Motivation
		Revision of topics covered
15	28 Oct & 31 Oct	Personality
		Revision of topics covered
16	04-09 Nov	Intelligence
17	11-16 Nov	Revision test for all units
18	18-23 Nov	Revision test for all units
19	25-30 Nov	Revision test for all units

Lesson Plan (2019-20)

Name of the teacher: **Dr. Rajesh Verma**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Experimental Psychology**

Class: **BA I year**

Semester: **II**

Section: **A/B**

Session: **2019-20**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Attention: Nature, Characteristics, and Types. Psychophysics: Problems of Psychophysics and Methods (Classical).	1 st Week of January to 3 rd Week of January	1 st Assignment in the beginning of first week of January
2	Learning: Definition, Factors affecting, Trial and Error Learning, Insight Learning, Classical and Operant Conditioning.	4 th Week of January to 2 nd Week of February	1 st Minor Test
3	Memory: Definition, Stages, STM and LTM – Methods to Study Memory. Forgetting: Factors Leading to Forgetting, Pneomonics.	3 rd Week of February to 3 rd Week of March	2 nd Assignment in the last week of March
4	Problem Solving: Stages of Problem Solving, Convergent and Divergent thinking.	3 rd Week of March to 3 rd Week of April	2 nd Minor Test
5	Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies.	4 th Week Of April to 2 nd Week of May	

Lesson Plan (2019-20)

Name of the teacher: **Dr Sumita Chahal**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Developmental Psychology**

Class: **BA II year**

Semester: **IV**

Section: **A/B**

Session: **2019-20**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Human Development; Concept and Principles Factors in Human Development; Biological, Social and Cultural	1 st Week of January to 3 rd Week of January	1 st Assignment in the beginning of first week of January
2	Prenatal Development, Determinants and Stages. Infancy: Characteristics, Hazards and Adjustment.	4 th Week of January to 2 nd Week of February	1 st Minor Test
3	Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development. Adoloscents: Characteristics and Problems of Adoloscents and Adjustment.	3 rd Week of February to 3 rd Week of March	2 nd Assignment in the last week of March
4	Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems.	3 rd Week of March to 3 rd Week of April	2 nd Minor Test
5	Measures of Variability: Quartile Deviation, Standard Deviation.	4 th Week of April to 2 nd Week of May	

Lesson Plan (2019-20)

Name of the teacher: **Dr. Sumita Chahal**

Subject: **Psychology**

Class: **BA II year**

Section: **A & B**

Designation: **Asst Professor**

Paper: **Social Psychology**

Semester: **III**

Session: **2019-20**

Sr. No.	Week	Topic
01	22-27 Jul	Introduction of Social Psychology (As per syllabus)
		Revision of topics covered
02	29-03 Aug	Sociometric Method
		Revision of topics covered
03	05-10 Aug	Nature & Process of Socialization
		Revision of topics covered
04	12-17 Aug	Agents of socialization
		Revision of topics covered
05	19-24 Aug	Group – Introduction & Types
		Revision of topics covered
06	26-31 Aug	Group- Functions
		Revision of topics covered
07	02-07 Sep	Social Norms
		Revision of topics covered
08	09-14 Sep	Leadership- Types & Functions
		Revision of topics covered
09	16-21 Sep	Theories of leadership- Trait theory
		Revision of topics covered
10	23-28 Sep	Theories of leadership- Situational & Interactional theory
		Revision of topics covered
11	30Sep -05 Oct	Attitude- Nature, Characteristics & development
		Revision of topics covered
12	07-12Oct	Attitude change
		Revision of topics covered
13	14-19Oct	Prejudice
		Revision of topics covered
14	21-26Oct& 31Oct	Stereotypes
		Revision of topics covered
15	01-07 Nov	Prosocial behavior
		Revision of topics covered
16	08-18 Nov	Aggression
17	19-30Nov	Revision test for all units

Lesson Plan (2019-20)

Name of the teacher: **Dr. Aruna**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Psychopathology**

Class: **BA III year**

Semester: **V**

Section: **A**

Session: **2019-20**

Sr. No.	Week	Topic
01	22-27 Jul	Definition of Psychopathology
		Concept of Normality
		Concept of Abnormality
		Revision of topics covered
02	29 Jul – 03 Aug	Biological Model of Psychopathology
		Revision of topics covered
03	05-10 Aug	Psychodynamic Model
		Revision of topics covered
04	12-17 Aug	Behavioural Model
		Revision of topics covered
05	19-24 Aug	Cognitive Model
		Revision of topics covered
06	26-31 Aug	Classification of Psychopathology DSM System
		Revision of topics covered
07	02-07 Sep	Diagnostic Assessment (Case History, Interview and Projective Techniques)
		Revision of topics covered
08	09-14 Sep	Anxiety based disorders
		Revision of topics covered
09	16-21 Sep	Generalized Anxiety Disorder
		Revision of topics covered
10	23-28 Sep	Obsessive Compulsive disorder
		Revision of topics covered
11	30 Sep-5 Oct	Phobic Disorders
		Revision of topics covered
12	07-12 Oct	Substance/Drug Abuse
		Revision of topics covered
13	14-19 Oct	Mood Disorder (Unipolar disorder)
14	21-26 Oct & 31 Oct	Mood Disorder (Bipolar disorder)
		Revision of topics covered
15	01-07 Nov	Schizophrenia
		Revision of topics covered
16	08-18 Nov	Revision of 3 rd and 4 th Unit
17	19-30 Nov	Revision test for all units

Lesson Plan (2019-20)

Name of the teacher: **Dr. Aruna**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Applied Psychology**

Class: **BA III year**

Semester: **VI**

Section: **B/A**

Session: **2019-20**

Sr. No.	Week	Topic	
01	01- 05 Jan	1.1	Introduction to Applied Psychology
		1.2	Meaning and History of Applied Psychology
02	07-12 Jan	1.3	Meaning and History of Applied Psychology
		1.4	Fields of applied Psychology
		1.5	Careers in Psychology
		Revision of topics covered	
03	14-19 Jan	1.6	Introduction of Organizational Psychology
		1.7	Nature and Scope of Organizational Psychology
		1.8	Objectives of Organizational Psychology
		Revision of topics covered	
04	21-25 Jan	1.9	Developments in Organizational Psychology
		2.1	Introduction to guidance
05	28 Jan - 02 Feb	2.2	Objectives of guidance
		2.3	Principles of guidance
		2.4	Types of guidance
		Revision of topics covered	
06	04 - 09 Feb	2.5	Organization of guidance program
		2.6	Introduction to counseling
		2.7	Need of counseling
Revision of topics covered			
07	11 - 14 Feb	2.8	Principles of counseling
		2.9	Special areas of counseling
08	15 - 21 Feb	2.10	Types of counseling
		3.1	Introduction to Health Psychology
		3.2	Meaning and Scope of Health Psychology
Revision of topics covered			
09	22 -28 Feb	3.3	Objectives of Health Psychology
		3.4	Concept of Health
10	01-07 Mar	3.5	Concept of Illness
		3.6	Psychological factors in physical illness
		3.7	Life style and health
		Revision of topics covered	
11	08-14 Mar	3.8	Concept of Stress and coping

		3.9	Coping from stress
12	15-21Mar	4.1	Introduction of Forensic Psychology
		4.2	Psychology and Law
		Revision of topics covered	
13	22-28Mar	4.3	Eye witness Memory
		4.4	Accuracy and Improvement
14	29Mar - 04 April	4.5	Introduction to statistics
		4.6	Correlation meaning and its type
		4.7	Rank difference correlation method
		Revision of topics covered	
15	05 - 15April	4.8	Introduction to product moment method
16	16-30 April	4.9	Product moment practice
17	01-15 May	4.10	Practice of correlation methods

Lesson Plan (2020-21)

Name of the teacher: **Dr. Aruna**

Designation: **Asst. Professor**

Subject: **Psychology**

Paper: **Introduction of Psychology**

Class: **BA I year**

Semester: **I**

Section: **B**

Session: **2020-21**

Sr. No.	Week	Topic
01	16-21 Nov	General Introduction of Psychology (As per syllabus)
		Experimental Method
02	23-28 Nov	Observation Method
		Revision of topics covered
03	30 Nov-05 Dec	Survey Method
		Sensory Process - Visual and Auditory
04	07-12 Dec	Structure and Function of Eye
		Revision of topics covered
05	14-19 Dec	Structure and Function of Ear
		Revision of topics covered
06	21-26 Dec	Perception and its type (Figure and Ground)
		Perception and its type (Perceptual Organization)
07	28 Dec-02 Jan 2021	Depth Perception
		Revision of topics covered
08	04-09 Jan	Emotions (Nature, bodily Changes)
09	11-16 Jan	Theories of Emotions (James Lange Theory)
10	18-23 Jan	Theories of Emotions (Cannon Bard Theory)
11	25-30 Jan	Theories of Emotions (Schachter Singer Theory)
12	01-06 Feb	Motivation
13	08-13 Feb	Personality
14	15-20 Feb	Intelligence
15	22-28 Feb	Revision test for all units

Lesson Plan (2021-2022)

Name of the teacher: **Dr. Aruna**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Experimental Psychology**

Class: **BA I year**

Semester: **II**

Section: **B**

Session: **2021-22**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Attention: Nature, Characteristics, and Types. Psychophysics: Problems of Psychophysics and Methods (Classical).	1 st Week of April to 2 nd Week of April	1 st Assignment in the beginning of first week of April .
2	Learning: Definition, Factors affecting, Trial and Error Learning, Insight Learning, Classical and Operant Conditioning.	3 rd Week of April to 4 th Week of April	1 st Minor Test
3	Memory: Definition, Stages. Forgetting: Factors Leading to Forgetting, Pneomonics	1 st Week of May to 2 nd Week of May	2 nd Assignment in the 3 rd week of May
4	Problem Solving: Stages of Problem Solving.	3 rd Week of May to 4 th Week of May	2 nd Minor Test
5	Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies.	1 st Week of June to 2 nd Week of June	1 st Assignment in the beginning of first week of June

6	STM and LTM – Methods to Study Memory.	3 rd Week of June to 4 th Week of June	1 st Minor Test
7	Long Term Memory	1 st Week of July to 2 nd Week of July	1 st Assignment in the beginning of first week of July
8	Convergent and Divergent thinking.	3 rd Week of July to 4 th Week of July	2 nd Minor Test

Lesson Plan (2020-21)

Name of the teacher: **Dr. Aruna**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Social Psychology**

Class: **BA II year**

Semester: **III**

Section: **A & B**

Session: **2020-21**

Sr. No.	Week	Topic
01	15-19 Sep	Introduction of Social Psychology (As per syllabus)
		Revision of topics covered
02	21-26 Sep	Sociometric Method
		Revision of topics covered
03	28 Sep-03 Oct	Nature & Process of Socialization
		Revision of topics covered
04	05-10 Oct	Agents of socialization
		Revision of topics covered
05	12-17 Oct	Group – Introduction & Types
		Revision of topics covered
06	19-24 Oct	Group- Functions
		Revision of topics covered
07	26-30 Oct	Social Norms
		Revision of topics covered
08	02-07 Nov	Leadership- Types & Functions
		Revision of topics covered
09	09-13 Nov	Theories of leadership- Trait theory
		Revision of topics covered
10	17-21 Nov	Theories of leadership- Situational & Interactional theory
		Revision of topics covered
11	23-28 Nov	Attitude- Nature, Characteristics & development
		Revision of topics covered
12	30 Nov-05 Dec	Attitude change
		Revision of topics covered
13	07-12 Dec	Prejudice
		Revision of topics covered
14	14-19 Dec	Stereotypes
		Revision of topics covered
15	21-26 Dec	Prosocial behavior
		Revision of topics covered
16	28 Dec-02 Jan 2021	Aggression
17	04-09 Jan	Revision test for all units
18	11-16 Jan	Revision
19	18-23 Jan	Test
20	25-30 Jan	Assignment
21	01-06 Feb	Types of GPS.
22	08-13Feb	Trait theory of Leadership
23	15-20Feb	Attitude Change
24	22-28Feb	Revision

Lesson Plan (2020-21)

Name of the teacher: **Dr Aruna**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Developmental Psychology**

Class: **BA II year**

Semester: **IV**

Section: **A/B**

Session: **2020-21**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Human Development; Concept and Principles Factors in Human Development; Biological, Social and Cultural	1 st Week of April to 2 nd Week of April	1 st Assignment in the beginning of first week of April
2	Prenatal Development, Determinants and Stages. Infancy: Characteristics, Hazards and Adjustment.	3 rd Week of April to 4 th Week of April	1 st Minor Test
3	Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development.	1 st Week of May to 2 nd Week of May	2 nd Assignment in the last week of May
4	Adoloscents: Characteristics and Problems of Adoloscents and Adjustment.	3 rd Week of May 4 th Week of May	2 nd Minor Test
5	Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems.	1 st Week of June to 4 th Week of June	Assignment & Test
6	Measures of Variability: Quartile Deviation, Standard Deviation.	1 st Week of July to 4 th Week of July	Assignment & Test

Lesson Plan (2020-21)

Name of the teacher: **Dr Rajesh Verma**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Psychopathology**

Class: **BA III year**

Semester: **V**

Section: **A**

Session: **2020-21**

Sr. No.	Week	Topic
01	15-19 Sep	Definition of Psychopathology
02	21-26 Sep	Concept of Normality
03	28Sep -03 Oct	Concept of Abnormality
04	05-10 Oct	Revision
05	12-17 Oct	Biological Model of Psychopathology
		Revision of topics covered
06	19-24 Oct	Psychodynamic Model
		Revision of topics covered
07	26-30 Oct	Behavioural Model
		Revision of topics covered
08	02-07 Nov	Cognitive Model
		Revision of topics covered
09	09-13 Nov	Classification of Psychopathology DSM System
		Revision of topics covered
10	17-21 Nov	Diagnostic Assessment (Case History, Interview and Projective Techniques)
		Revision of topics covered
11	23-28 Nov	Anxiety based disorders
		Revision of topics covered
12	30Nov-05 Dec	Generalized Anxiety Disorder
		Revision of topics covered
13	07-12 Dec	Obsessive Compulsive disorder
		Revision of topics covered
14	14-19 Dec	Phobic Disorders
		Revision of topics covered
15	21-26 Dec	Substance/Drug Abuse
		Revision of topics covered
16	28-Dec -02 Jan	Mood Disorder (Unipolar disorder)
17	04-09 Jan	Mood Disorder (Bipolar disorder)
		Revision of topics covered
18	11-16 Jan	Schizophrenia
		Revision of topics covered
19	18-23 Jan	Revision of 3 rd and 4 th Unit
20	25-30 Jan	Revision test for all units
21	01 -09 Feb	Revision
22	10-18 Feb	Test
23	19-27 Feb	Assignment

Lesson Plan (2020-21)

Name of the teacher: **Dr. Rajesh Verma**

Designation: **Asst. Professor**

Subject: **Psychology**

Paper: **Applied Psychology**

Class: **BA III year**

Semester: **VI**

Section: **A/B**

Session: **2020-21**

Sr. No.	Week	Topic	
01	01-07 Apr	1.1	Introduction to Applied Psychology
		1.2	Meaning and History of Applied Psychology
02	08-15 Apr	1.3	Fields of applied Psychology
		1.4	Careers in Psychology
		1.5	Introduction of Organizational Psychology
		Revision of topics covered	
03	16 - 23 Apr	1.6	Nature and Scope of Organizational Psychology
04	24-Apr -01 May	1.7	Developments & objectives of Organizational Psychology
05	02-09 May	1.8	Introduction to guidance
		Revision of topics covered	
06	10-17 May	1.9	Principles and Objectives of guidance
07	18-25May	2.1	Types of guidance
08	26-31May	2.2	Organization of guidance program
09	01 -06 June	2.3	Introduction and Need of counseling
10	08-16 June	2.4	Principles of counseling
		Revision of topics covered	
11	17-23 June	2.5	Special areas and Type of counseling
12	24-30June	2.6	Introduction to Health Psychology
13	01-08 Jul	2.7	Meaning and Scope of Health Psychology
		Revision of topics covered	
14	09-15Jul	2.8	Objectives and Concept of Health Psychology
		2.9	Concept of Illness
15	15-19 Jul	2.10	Psychological factors in physical illness
		3.1	Life style and health
		3.2	Revision of 1 st and 2 nd Unit
		Revision of topics covered	

Lesson Plan (2021-22)

Name of the teacher: **Dr. Aruna**

Designation: **Asst. Professor**

Subject: **Psychology**

Paper: **Introduction of Psychology**

Class: **BA I year**

Semester: **I**

Section: **B**

Session: **2021-22**

Sr. No.	Week	Topic
01	14- 20 Oct	General Introduction of Psychology (As per syllabus)
		Experimental Method
02	21-27 Oct	Observation Method
		Revision of topics covered
03	28Oct- 03 Nov	Survey Method
		Sensory Process - Visual and Auditory
04	04-10 Nov	Structure and Function of Eye
		Revision of topics covered
05	11-17 Nov	Structure and Function of Ear
		Revision of topics covered
06	18-24 Nov	Perception and its type (Figure and Ground)
		Perception and its type (Perceptual Organization)
07	<u>25Nov -01 Dec</u>	Depth Perception
		Revision of topics covered
08	02-08 Dec	Emotions (Nature, bodily Changes)
09	09- 15 Dec	Theories of Emotions (James Lange Theory)
10	16-22 Dec	Theories of Emotions (Cannon Bard Theory)
11	23-31 Dec	Theories of Emotions (Schachter Singer Theory)
12	01-07 Jan	Motivation
13	08-14 Jan	Personality
14	15-21Jan	Intelligence
15	22-31Jan	Revision test for all units

Lesson Plan (2021-2022)

Name of the teacher: **Dr. Aruna**

Subject: **Psychology**

Class: **BA I year**

Section: **A**

Designation: **Asst Professor**

Paper: **Experimental Psychology**

Semester: **II**

Session: **2021-22**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Attention: Nature, Characteristics, and Types.	1 st Week of April to 2 nd Week of April	1 st Assignment in the beginning of first week of April
2	Learning: Definition, Factors affecting, Trial and Error Learning,	3 rd Week of April to 4 th Week of April	1 st Minor Test
3	Memory: Definition, Stages, STM and LTM – Methods to Study Memory.	1 st Week of May to 2 nd Week of May	2 nd Assignment in the 3 rd week of May
4	Problem Solving: Stages of Problem Solving, Convergent and Divergent thinking.	3 rd Week of May to 4 th Week of May	2 nd Minor Test .
5	Statistics: Frequency Distribution, Graphical Presentation of Data, Measures of Central Tendencies.	1 st Week of June to 2 nd Week of June	Revision

Lesson Plan (2021-22)

Name of the teacher: **Mr. Sunil Kumar**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Social Psychology**

Class: **BA II year**

Semester: **III**

Section: **A & B**

Session: **2021-22**

Sr. No.	Week	Topic
01	14-20 Oct	Introduction of Social Psychology (As per syllabus)
		Revision of topics covered
02	21-27 Oct	Sociometric Method
		Revision of topics covered
03	28Oct -03 Nov	Nature & Process of Socialization
		Revision of topics covered
04	03-10Nov	Agents of socialization
		Revision of topics covered
05	11- 17 Nov	Group – Introduction & Types
		Revision of topics covered
06	18-24 Nov	Group- Functions
		Revision of topics covered
07	25Nov- 01 Dec	Social Norms
		Revision of topics covered
08	02- 08 Dec	Leadership- Types & Functions
		Revision of topics covered
09	09- 15 Dec	Theories of leadership- Trait theory
		Revision of topics covered
10	16-22 Dec	Theories of leadership- Situational & Interactional theory
		Revision of topics covered
11	23-29 Dec	Attitude- Nature, Characteristics & development
		Revision of topics covered
12	30Dec- 01Jan	Attitude change
		Revision of topics covered
13	03-08 Jan	Prejudice
		Revision of topics covered
14	10- 15 Jan	Stereotypes
		Revision of topics covered
15	17- 20 Jan	Prosocial behavior
		Revision of topics covered
16	21-26 Jan	Aggression
17	27- 31 Jan	Revision test for all units

Lesson Plan (2021-22)

Name of the teacher: **Mrs. Soni**

Subject: **Psychology**

Class: **BA II year**

Section: **A**

Designation: **Extension Lecturer**

Paper: **Developmental Psychology**

Semester: **IV**

Session: **2021-22**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Human Development; Concept and Principles Factors in Human Development; Biological, Social and Cultural	1 st Week of April to 2nd Week of April	1 st Assignment in the beginning of first week of April
2	Prenatal Development, Determinants and Stages. Infancy: Characteristics, Hazards and Adjustment.	3 rd Week of April to 4th Week of April	1 st Minor Test
3	Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development. Adolescents: Characteristics and Problems of Adolescents and Adjustment.	1st Week of May to 2nd Week of May	2 nd Assignment in the 2nd week of May
4	Adulthood: Early Adulthood, Late adulthood and Aging-Changing Patterns and Problems.	3 rd Week of May to 4th Week of May	2 nd Minor Test
5	Measures of Variability: Quartile Deviation, Standard Deviation.	1 st Week of June to 2 nd Week of June	Revision

Lesson Plan (2021-22)

Name of the Teacher: Mr. Sunil Kumar

Designation: Asst Professor

Subject: Psychology

Paper: Developmental Psychology

Class: BA II year

Semester: IV

Section: B

Session: 2021-22

Sr. No.	Week	Topic	
01	04 - 09 Jan	1.1	Introduction and Priming of Students for new semester
		1.2	Concept of Human Development
02	11-16 Jan	1.3	Principles of Human Development
		Factors affecting Human Development	
		1.4	Biological Factors
		1.5	Social Factors
		1.6	Cultural Factors
		Revision of topics covered	
03	18-23 Jan	2.1	Prenatal Development
		2.2	Determinants of Prenatal Development
		2.3	Stages of Prenatal Development
		Revision of topics covered	
04	25-30 Jan	2.4	Characteristics of Infancy
		2.5	Hazards of Infancy
05	01- 06 Feb	2.6	Adjustment
		3.1	Characteristics of childhood
		3.2	Perceptual Development
		Revision of topics covered	
06	08- 13 Feb	3.3	Motor Development
		3.4	Emotional Development
		3.5	Cognitive Development
		Revision of topics covered	
07	15 - 20 Feb	3.6	Characteristics of Adolescents
		3.7	Problems of Adolescents
08	22- 27 Feb	3.8	Adjustment
		4.1	Introduction
		4.2	Adulthood
		Revision of topics covered	
09	01-06 Mar	4.3	Early adulthood
		4.4	Late adulthood
10	08-13 Mar	4.5	Aging
		4.6	Changing Patterns
		4.7	Problems of adulthood

		Revision of topics covered	
11	15-20 Mar	4.8	Introduction of variability
		4.9	Concept of variability
12	22-27 Mar	4.10	Introduction of Quartile Deviation
		4.11	Quartile Deviation
		Revision of topics covered	
13	29Mar -03 April	4.12	Practice of Quartile Deviation
14	05 – 13 April	4.13	Introduction of Standard Deviation
15	14- 21 April	4.14	Standard Deviation Calculation with examples
16	22April – 08 May	4.15	Practice of Standard Deviation
		Revision of topics covered	
17	10-20 May		Revision of 1 st and 2 nd Unit
18	21-31 May		Revision of 3 rd and 4 th Unit
19	01 – 15 Jun		Revision test for all units

Lesson Plan (2021-22)

Name of the teacher: **Ms. Soni**

Designation: **Extension Lecture**

Subject: **Psychology**

Paper: **Psychopathology**

Class: **BA III year**

Semester: **V**

Section: **A**

Session: **2021-22**

Sr. No	Description of Chapters/ Topics	Expected Duration	Assignment/Test
1	Concepts of Normality and Abnormality.	2 nd Week of Aug to 4 th Week of Aug	1 st Assignment in the 4 th Week of Aug
2	Revisions of Topics Covered Classifications of Psychopathology.	1 st Week of Sep to 2 nd Week of Sep	1 st Minor Test
s3	Revisions of Topics Covered Anxiety Based Disorders: GAD, OCD, and Phobic Disorders- Symptoms and Causes.	3 rd Week of Sep to 4 th Week of Sep	
4	Revisions of Topics Covered Mood Disorders: Unipolar and Bipolar Symptoms and Causes.	1 st Week of Oct to 2 nd Week of Oct	2 nd Assignment in the 2 nd Week of Oct
5	Substance/ Drug Abuse- Causes, Consequences and Rehabilitation	3 rd Week of Oct to 4 th Week of Oct	2 nd Minor Test
6	DSM System, Diagnostic Assessment: Case History, Interview.	1 st Week of Nov to 2 nd Week of Nov	
7	Biological, Psychodynamic, Behavioral and Cognitive	3 rd Week of Nov to 4 th Week of Nov	
8	Models of Psychopathology:	1 st Week of Dec to 2 nd Week of Dec	
9	Schizophrenia: Nature, Types and Causes.	3 rd Week of Dec to 4 th Week of Dec	
10	Projective Techniques	1 st Week of Jan to 2 nd Week of Jan	
11	Need for Classification	3 rd Week of Jan to 4 th Week of Jan	

Lesson Plan (2021-22)

Name of the Teacher: **Dr. Rajesh Verma**

Designation: **Asst Professor**

Subject: **Psychology**

Paper: **Applied Psychology**

Class: **BA III year**

Semester: **VI**

Section: **A**

Session: **2021-22**

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Applied Psychology: Meaning, History, Fields, and Careers in Psychology. Organizational Psychology: Nature, Scope, Objectives, and Development.	1 st Week of April to 2 nd Week of April	1 st Assignment in the beginning of first week of April
2	Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Programme. Counseling: Need, Principles, Special Areas, and Types of Counseling.	3 rd Week of April to 4 th Week of April	1 st Minor Test
3	Health Psychology: Meaning, Scope and Objectives; Concept of Health and Illness. Psychological Factors in Physical Illness, Life Style and Health, Stress and Coping.	1 st Week of May to 2 nd Week of May	2 nd Assignment in the 3 rd week of May
4	Forensic Psychology: Psychology and Law, Eyewitness Memory; Accuracy and Improvement. Statistics: Correlation- Meaning, Rank Difference, and Product Moment Method.	3 rd Week of May to 4 th Week of May	2 nd Minor Test
5	Statistics: Correlation- Meaning, Rank Difference,	1 st Week of	

and Product Moment Method.

June to 2nd

Week June

Lesson Plan (2021-22)

Name of the Teacher: Mr. Sunil Kumar

Subject: Psychology

Class: BA III year

Section: B

Designation: Asst Professor

Paper: Applied Psychology

Semester: VI

Session: 2021-22

Sr. No.	Description of Chapters/Topics	Expected Duration	Assignment/Test
1	Organizational Psychology: Nature, Scope, Objectives, and Development.	1 st Week of April to 2 nd Week of April	1 st Assignment in the beginning of first week of April
2	Counseling: Need, Principles, Special Areas, and Types of Counseling.	1 st Week of May	1 st Minor Test
3	Psychological Factors in Physical Illness, Life Style and Health, Stress and Coping.	2 nd Week of May	2 nd Assignment in the 2 rd week of May
4	Statistics: Correlation- Meaning, Rank Difference.	3 rd Week of May to 4 th Week of May	2 nd Minor Test
5	Product Moment Method.	1 st Week of June to 2 nd Week of June	Revision